



**TAKE A  
MOMENT**

**KEEP  
SCROLLING**

**WE ARE MORE  
THAN JUST  
HEALTH CARE**

**WHAT'S INCLUDED?**

- UCR Health at a Glance
- Women's Health
- Multispecialty
- Family Medicine
- Neurology
- Pediatric
- Psychiatry



## UCR HEALTH IS COMMITTED TO BRINGING HEALTH HOME

We are a team of physicians, specialists and healthcare professionals dedicated to improving the health of you and your family.

Our patient-centered primary care and specialty services deliver university-based healthcare excellence and innovation to the communities where we live, work and play.

Established alongside the School of Medicine at the University of California, Riverside, UCR Health is growing to meet the healthcare needs of our region – new office locations, new physicians and more specialties – bringing innovative medical care to our communities.

## WELCOMING NEW PATIENTS DAILY



APPOINTMENT LINE 1.844.827.8000

1.844.827.8000

[www.UCRHEALTH.org](http://www.UCRHEALTH.org)



## MEDICAL SPECIALTIES

UCR Health offers you and your family a wide range of routine, preventive, and specialty medical care, including

- Endocrinology
- Neurology
- Pediatrics
- Psychiatry
- Primary Care
- Women's Health
- Cardiology
- And More

To learn more, visit [www.UCRHEALTH.org](http://www.UCRHEALTH.org)



## INSURANCE

UCR Health accepts many health insurance plans – visit our website for a comprehensive list of accepted insurance plans. Your health plan can best advise you if a specific UCR Health provider participates under your plan.

- Blue Cross
- Medicare
- Blue Shield
- Medi-Cal
- IEHP
- And More

To learn more, visit [www.UCRHEALTH.org](http://www.UCRHEALTH.org)



## RIVERSIDE, CA

**Women's Health Center** // UCR Health  
Silver Oaks Business Center  
19330 Jesse Lane, Suite 100  
Riverside, CA 92508

**Multispecialty Center** // UCR Health  
Citrus Tower  
3390 University Avenue, Suite 100  
Riverside, CA 92501

**Psychiatry Center** // UCR Health  
Citrus Tower  
3390 University Avenue, Suite 115  
Riverside, CA 92501

**Neurosurgery & Pain Management Center** // UCR Health  
Riverbrock Medical Center  
4510 Brockton Avenue, Suite 365  
Riverside, CA 92501

## LA QUINTA, CA

**Pediatric Center** // UCR Health  
La Quinta Valley Plaza  
79430 Highway 111, Suite 102  
La Quinta, CA 92253

## IRVINE, CA

**Psychiatry Center** // UCR Health  
Airport Tower  
18881 Von Karman Avenue, Suite 1227  
Irvine, CA 92612

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SCAN QR CODE TO LEARN  
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APPOINTMENT ONLINE



**HAVE A QUESTION?**  
TEXT US AT 1.530.338.3915  
EMAIL US AT [HAVEAQUESTION@MEDSCH.OCR.EDU](mailto:HAVEAQUESTION@MEDSCH.OCR.EDU)

LOCATIONS

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## WELCOMING NEW PATIENTS DAILY

1.844.827.8000

[www.UCRHEALTH.org](http://www.UCRHEALTH.org)



**WOMEN'S HEALTH CENTER**  
19330 JESSE LANE, SUITE 100  
RIVERSIDE, CA 92508



**WOMEN'S HEALTH CENTER**  
19330 JESSE LANE, SUITE 100  
RIVERSIDE, CA 92508

# MEDICAL SERVICES

- Evaluation and treatment of:
  - Infertility
  - Chronic pelvic pain
  - Abnormal uterine bleeding
  - Gynecologic malignancy
  - Urinary incontinence
  - Menopause, including hormone therapy
  - Pregnancy loss and stillbirth
- Complex gynecology
- Adolescent gynecology
- And more

To learn more, visit [www.UCRHEALTH.org](http://www.UCRHEALTH.org)



## SADIKAH BEHBEHANI, MD

REPRODUCTIVE ENDOCRINOLOGY AND  
INFERTILITY/MINIMALLY INVASIVE SURGERY

“All patient complaints should be taken seriously, after all they are the ones who know their body best.”

## SAMAR NAHAS, MD, MPH

GYNECOLOGIC ONCOLOGIST/MINIMALLY  
INVASIVE GYNECOLOGY

“Providing the best comprehensive care to our patients.”

## BRENDA ROSS, MD

MATERNAL FETAL MEDICINE AND HIGH  
RISK PREGNANCY

“My goal is to provide patient centered care that optimizes outcomes by making sure the patient fully understands the findings and treatment plan.”

## MALLORY STUPARICH, MD

MINIMALLY INVASIVE GYNECOLOGIC SURGERY

“I strive for a team-based approach between myself and the patient where all treatment options are discussed.”

## STEPHANIE HANDLER, MD

UROGYNECOLOGY

Passionate about community outreach, healthcare education, cost-effective care, and minimally invasive surgical techniques.

## BOBBY GARCIA, MD

FEMALE PELVIC MEDICINE & RECONSTRUCTIVE SURGERY

“When you come see me, we will speak about everything that is bothering you. I will help figure out all possible treatment options (including no-treatment) and we will come up with a plan that will work best for you.”



# INSURANCE

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- Blue Cross/Blue Shield
- IEHP
- PPOs
- Medi-Cal
- Medicare
- And More

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**WOMEN'S HEALTH CENTER**  
19330 JESSE LANE, SUITE 100  
RIVERSIDE, CA 92508

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[www.UCRHEALTH.org](http://www.UCRHEALTH.org)



**MULTISPECIALTY CENTER**  
3390 UNIVERSITY AVE., SUITE 100  
RIVERSIDE, CA 92501



**MULTISPECIALTY CENTER**  
3390 UNIVERSITY AVE., SUITE 100  
RIVERSIDE, CA 92501

## MEDICAL SPECIALTIES

UCR Health offers you and your family a wide range of routine, preventive, and specialty medical care, including

- Endocrinology
- Neurology
- Pediatrics
- Psychiatry
- Primary Care
- Family Medicine
- Cardiology
- And More

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**DAVID SONG, MD**  
BOARD CERTIFIED NEUROLOGIST

**LAMA AL-KHOURY, MD**  
BOARD CERTIFIED NEUROLOGIST

**ELIZABETH MORRISON-BANKS, MD**  
NEUROPSYCHOLOGIST

**LYNSEY LAKIN, FNP-C**  
NEUROLOGIST

**DARREN FREEMAN, DO**  
PAIN MEDICINE SPECIALIST

**PADMINI VARADARAJAN, MD**  
BOARD CERTIFIED CARDIOLOGIST

**NANDINI GOWDA, MD**  
INTERNAL MEDICINE SPECIALIST

**JIN SEON KIM, MD**  
BOARD CERTIFIED FAMILY MEDICINE SPECIALIST

**ASMA JAFRI, MD, FAAFP, MACM**  
BOARD CERTIFIED FAMILY MEDICINE SPECIALIST

**HODA MOJAZI-AMIRI, MD**  
BOARD CERTIFIED ENDOCRINOLOGIST

**SUNIL K. PATEL, MD**  
BOARD CERTIFIED PEDIATRICIAN

**ADWOA OSEI, MD, FAAP**  
BOARD CERTIFIED PEDIATRICIAN

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**MULTISPECIALTY CENTER**  
3390 UNIVERSITY AVE., SUITE 100  
RIVERSIDE, CA 92501

PROVIDERS

## UCR HEALTH IS COMMITTED TO BRINGING HEALTH HOME

UCR Health is here for you to help manage medical care for your entire family. Our Family Medicine Services provides complete, comprehensive, and advanced medical care for all members of your family from infants, children, and elderly.

Our Family Medicine physicians and residents are here to treat you and your love ones with a whole person care approach understanding your culture, socioeconomic status and gender identity.

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APPOINTMENT LINE 1.844.827.8000

## MyChart PORTAL

Our online patient portal makes obtaining your health information and messaging your physician's office easier than ever. The benefits include:

- Quickly scheduling appointments
- Receiving appointment reminders
- Accessing upcoming appointment details
- Accessing most lab and test results
- Requesting medication refills

Ask our team how to get started!

## WELCOMING NEW PATIENTS DAILY



[www.UCRHealth.org](http://www.UCRHealth.org)

## AFTER-HOURS CARE 1-844-827-8000

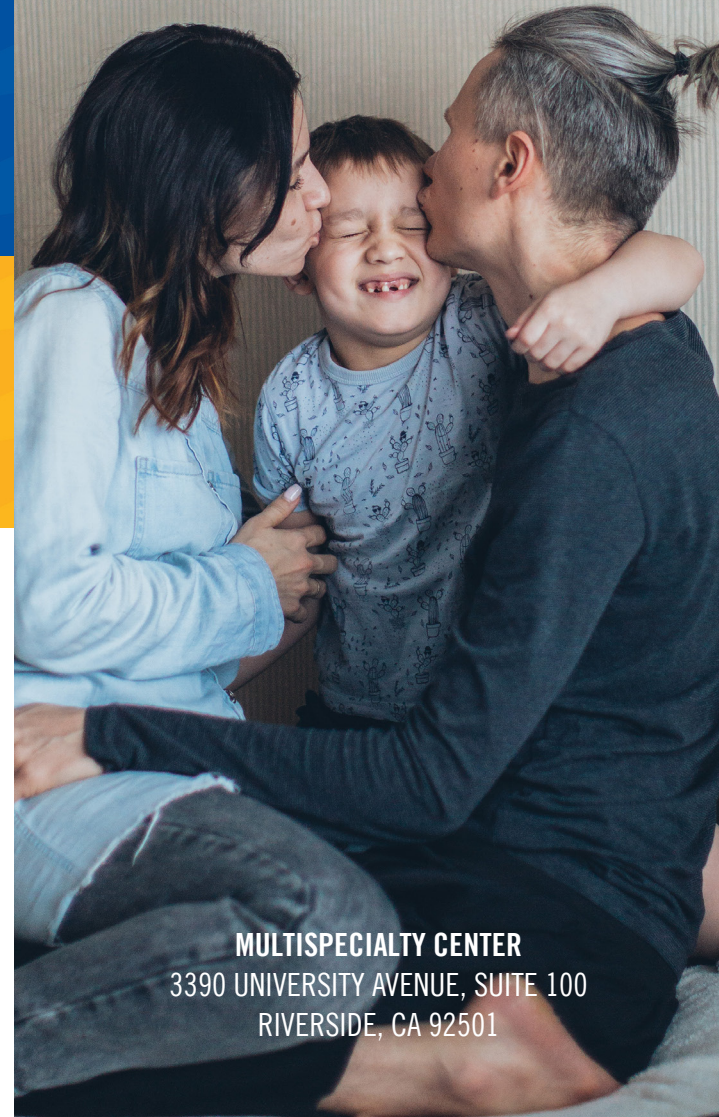
For after-hours questions, please call the number above. The answering service will collect the needed information from you and if necessary connect you to our physician on call.

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- And more

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**MULTISPECIALTY CENTER**  
3390 UNIVERSITY AVENUE, SUITE 100  
RIVERSIDE, CA 92501



# MEDICAL SERVICES

Our physicians and residents provide family-centered primary care for patients of all ages, from newborns to the elderly. We offer a full range of medical services, including:

- Adult and child preventive and wellness care
- Geriatric health assessments
- Primary care pain management
- Cervical, breast, and colon cancer screening
- Prevention Contraception
- And more



# FAMILY MEDICINE RESIDENCY PROGRAM

Our Family medicine physicians and residents in training are here to treat you and your family with a whole person care approach understanding your culture, socioeconomic status and gender identity. The result is a happier and healthier family.

To learn more, visit [www.UCRHealth.org](http://www.UCRHealth.org)



## ASMA JAFRI, MD

FAMILY MEDICINE

"I listen to my patients and my journey in helping them continues to be rewarding for both of us."

## ZANA SHIRWAN, MD

FAMILY MEDICINE

"I see my patients as a member of my family. My comprehensive and team-based approach provides my patients the physical, emotional, and social support they need and deserve."



## MARC DEBAY, MD

FAMILY MEDICINE

"I welcome patients of all ages, with any conditions and pursuing any health goals."

## BRIAN PETRIE, MD

FAMILY MEDICINE

"I listen to my patients, so we can come up with a plan of action that best suits them."



## JIN SEON KIM, MD

FAMILY MEDICINE

"I believe that health and well-being comes from team work between the patient, their support system, the physician, and staff."

## CRYSTAL GLASSY, DO

FAMILY MEDICINE

"Be curious to the patients story, listen and be present."



# SCHEDULE YOUR VISIT TODAY!

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MULTISPECIALTY CENTER  
3390 UNIVERSITY AVENUE, SUITE 100  
RIVERSIDE, CA 92501

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## WELCOMING NEW PATIENTS DAILY

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[www.UCRHEALTH.org](http://www.UCRHEALTH.org)



NEUROSURGERY & PAIN MANAGEMENT CENTER  
4510 BROCKTON AVE., SUITE 365  
RIVERSIDE, CA 92501



NEUROSURGERY & PAIN MANAGEMENT CENTER  
4510 BROCKTON AVE., SUITE 365  
RIVERSIDE, CA 92501

## MEDICAL SPECIALTIES

We are a team of healthcare professionals dedicated to improving the health of you and your family. Our neurosurgeons offer a variety of specialty medical care, including

- Complex Spine
- Surgery Spine Surgery
- Neurosurgery
- Pain Management

To learn more, visit [www.UCRHEALTH.org](http://www.UCRHEALTH.org)



### DARREN FREEMAN, DO

#### PAIN MEDICINE

“You can’t successfully rid of pain without a clear understanding of the patient’s condition. With our multi-modal approach, we don’t mask pain, we go after it.”

### GENEVIEVE LONG, PA-C

#### NEUROSURGERY

“Our goal is to make your health our top priority. So let’s join together as partners, as we journey to good health.”



### SAMER GHOSTINE, MD

#### BOARD CERTIFIED NEUROSURGEON

“We treat our patients the way we treat our own family.”

### AMJAD KHAWALDEH, NP, PHD, CNS

#### PAIN MANAGEMENT

“I strive to help patients reach long-lasting pain relief, minimize dependence on pain killers by using minimally invasive techniques to enhance quality of life.”



## UCR HEALTH

### Neurosurgery & Pain Management

## INSURANCE

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- Blue Cross
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- Medi-Cal
- And More

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### NEUROSURGERY & PAIN MANAGEMENT CENTER

4510 BROCKTON AVE., SUITE 365  
RIVERSIDE, CA 92501



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## WELCOMING NEW PATIENTS DAILY

1.844.827.8000  
[www.UCRHEATH.org](http://www.UCRHEATH.org)



**PEDIATRICS CENTER**  
79430 HIGHWAY 111, SUITE 102  
LA QUINTA, CA 92253



**PEDIATRICS CENTER**  
79430 HIGHWAY 111, SUITE 102  
LA QUINTA, CA 92253



APPOINTMENT LINE 1.844.827.8000

## MEDICAL SPECIALTIES

Our pediatricians offer your loved ones a wide range of routine, preventative and specialty medical care, including

- General Care
- Immunizations
- Newborns/Infants
- Preventative Care
- Sick Appointments
- Well Child Visits

To learn more, visit [www.UCRHEALTH.org](http://www.UCRHEALTH.org)



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- IEHP
- Medicare
- Medi-Cal
- And More

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## JEAN RUSSELL, MD, FAAP

BOARD CERTIFIED PEDIATRICIAN

“I strive to serve each patient and each patient’s family with the same courtesy, thoughtfulness and professionalism that I expect for my own family. As a mother of two under five, I understand the importance of providing empathetic and compassionate care in a timely manner.”



## JOHN NEVIN, MD

BOARD CERTIFIED PEDIATRICIAN

“As a parent of an 18 month old I know how stressful a sick child can be (or a healthy one, for that matter). I strive to be caring, thorough, and to always take a holistic view of my patients. Patients should leave each clinic visit feeling all of their issues have been addressed and all of their questions have been answered.”



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[www.UCRHEALTH.org](http://www.UCRHEALTH.org)



**PSYCHIATRY CENTER**  
3390 UNIVERSITY AVE., SUITE 115  
RIVERSIDE, CA 92501



**PSYCHIATRY CENTER**  
3390 UNIVERSITY AVE., SUITE 115  
RIVERSIDE, CA 92501



APPOINTMENT LINE 1.844.827.8000

## MEDICAL SERVICES

Our psychiatrists offer a wide range of comprehensive services and specialty medical care, including

- Mental Health
- Chemical Dependency
- Concussions
- Child and Adolescent Psychiatry
- Psychiatric Assessment
- Medication
- Supportive Psychotherapy
- Psychotherapy

To learn more, visit [www.UCRHEALTH.org](http://www.UCRHEALTH.org)



**TOSHIA YAMAGUCHI, MD**  
BOARD CERTIFIED PSYCHIATRIST

**ROBERTO CASTANOS, MD**  
BOARD CERTIFIED PSYCHIATRIST

**DENNIS ALTERS, MD**  
BOARD CERTIFIED PSYCHIATRIST

**JAMI WOODS, MD**  
BOARD CERTIFIED PSYCHIATRIST

**CHRISTOPHER FICHTNER, MD**  
BOARD CERTIFIED PSYCHIATRIST

**CARL FEINSTEIN, MD**  
BOARD CERTIFIED PSYCHIATRIST

**DAVID FRANKLIN, PSYD**  
CLINICAL NEUROPSYCHOLOGIST

**KIMBERLEY LAKES, PHD**  
CLINICAL NEUROPSYCHOLOGIST



## INSURANCE

UCR Health accepts many health insurance plans – visit our website for a comprehensive list of accepted insurance plans. Your health plan can best advise you if a specific UCR Health provider participates under your plan.

UCR Health accepts most PPO plans as well as self-pay options.

To learn more, visit [www.UCRHEALTH.org](http://www.UCRHEALTH.org)



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**PSYCHIATRY CENTER**  
3390 UNIVERSITY AVE., SUITE 115  
RIVERSIDE, CA 92501

PROVIDERS

# Make Your Appointment Today!

## Clinic Locations



**UCR Health Multispecialty Center**

3390 University Avenue, Suite 100  
Riverside, CA 92501



**UCR Health Comprehensive  
Psychiatric Services**

3390 University Avenue, Suite 115  
Riverside, CA 92501



**UCR Health Inland Empire  
Neurosurgery & Pain  
Management Center**

4510 Brockton Ave., Suite 365  
Riverside, CA 92501



**UCR Health Inland Empire  
Women's Health Center**

19330 Jesse Lane, Suite 100  
Riverside, CA 92501



**UCR Health Coachella Valley  
Pediatric Center**

79430 Highway 111, Suite 102  
La Quinta, CA 92253



**Scan this code to  
schedule your  
appointment!**

We are dedicated to  
#BringingHealthHome to  
Southern California

For more information, please visit  
[ucrhealth.org](http://ucrhealth.org)





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New office locations, new physicians and more specialties.

Bringing innovative, culturally sensitive medical care to your community.

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[\*\*LEARN MORE\*\*](#)