

Staying Healthy is as Important as Getting Well

SEE YOUR DOCTOR – NO COPAYMENT REQUIRED!

A guide to what's covered under your plan

This is a list of preventive care services that require no copayment from you. Health Net's preventive health guidelines allow Health Net members and their doctors to determine individual needs for preventive care services based on the best available medical evidence. For full benefit details, refer to your Evidence of Coverage, which can be viewed online at www.healthnet.com/uc.



An office visit for other reasons, which may also include preventive care or immunizations, requires a **\$20 copayment**.

Contact your primary care physician (PCP) to determine what preventive care service you need, as not all preventive care services are necessary (or covered) every year.



Check your plan documents for details about your benefits.

You can also find all the details about covered services at www.healthcare.gov.

(continued)

Examples: Screenings and other preventive care

Recommendation					
	Men	Women	Pregnant women	Newborn or children	Adolescents
Abdominal aortic aneurysm screening	✓				
Alcohol misuse therapy	✓	✓	✓		✓
Anemia screening			✓		✓
Anxiety screening		✓	✓	✓	✓
Bacteriuria screening			✓		
Blood pressure screening	✓	✓			
Breast cancer screening, physician therapy and preventive drugs		✓			
Breastfeeding supplies and therapy		✓	✓		
Cervical cancer screening		✓			
Chlamydial infection screening		✓	✓		✓
Cholesterol abnormalities screening (ages 20 and older)	✓	✓			
Colorectal cancer screening	✓	✓			
Contraceptive therapy		✓			✓
Depression screening	✓	✓	✓		✓
Diabetes screening	✓	✓	✓		
Domestic violence screening and therapy	✓	✓			✓
Healthy weight/weight gain during pregnancy			✓		
Hearing loss screening				✓	✓
Hepatitis B screening	✓	✓	✓		✓
Hepatitis C screening	✓	✓			
Lung cancer screening	✓	✓			
Obesity and healthy diet screening and therapy	✓	✓	✓		✓
Phenylketonuria (PKU) screening				✓	
Rh incompatibility screening during pregnancy			✓		
Sexually transmitted infections screening and therapy (HIV, syphilis and gonorrhea)	✓	✓	✓		✓
Tobacco use interventions	✓	✓	✓		✓
Visual acuity screening				✓	



Examples: Preventative immunizations

Recommendation	Men	Women	Pregnant women	Newborn or children	Adolescents
Chickenpox	✓	✓		✓	✓
Diphtheria, Tetanus & Pertussis (DTap)				✓	✓
Hepatitis A (HepA)	✓	✓	✓		
Hepatitis B (HepB)	✓	✓	✓	✓	✓
Human papillomavirus (HPV)	✓	✓	✓	✓	✓
Influenza	✓	✓	✓	✓	✓
Inactivated poliovirus (IPV)				✓	
Measles, mumps, rubella (MMR)				✓	✓
Pneumococcal	✓	✓	✓	✓	✓
Shingles	✓	✓			

*These are just examples, ACA preventive care coverage includes:

- U.S. Preventive Services Task Force (USPSTF) Grade A & B recommendations (www.uspreventiveservicestaskforce.org/Page/Name/uspstf-a-and-b-recommendations/)
- Immunizations for routine use in children, adolescents and adults that have in effect a recommendation from the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention (<http://www.cdc.gov/vaccines/schedules/index.html>).
- Guidelines for infants, children, adolescents, and women's preventive health care as supported by the Health Resources and Services Administration (HRSA) (www.hrsa.gov/womensguidelines/)

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