

Canopy Health

Dignity Health has partnered with Canopy Health to provide great care in Santa Cruz County and throughout the Bay Area. Canopy Health's network of top-rated providers lets members get care close to home, work and places in between.

MyCanopyHealth

When to Seek Urgent Care



Urgent Care Centers are open seven days a week, including holidays, where they treat urgent, non-life threatening injuries and illnesses such as mild to moderate abdominal pain, rashes, minor cuts, or cough and fever.

*Through a nationwide network of physicians.

Canopy Health also includes the Alliance Referral Program. This gives you access to specialists across the Canopy Health network. If a specialist is required, your Primary Care Physician will discuss with you the best option within the Canopy Health network.

Download the MyCanopyHealth mobile app on Google Play or App store, or visit MyCanopyHealth.com on your web browser.



Find an Urgent Care Center



You can quickly find urgent care centers near you and their hours with the MyCanopyHealth app. While walk-in appointments are accepted, we recommend that you call ahead to be seen faster. For more information about our Urgent Care Centers, use the MyCanopyHealth app and portal to find centers closest to you.

Access Virtual Care



MyCanopyHealth gives members convenient access to Canopy Health providers. Schedule a virtual visit with a licensed provider anywhere, anytime within MyCanopyHealth portal or app*. If your provider prescribes medications, they can be sent electronically to an in-network pharmacy of your choice.

Integrating Wellness Into Our Community

The Dignity Health Wellness Center at Dominican Hospital opened in July 2021, and is committed to supporting our patients' pursuit of wellbeing that goes beyond an illness or infirmity.

We recognize the strong relationship between our lifestyle habits and our health. Our state of the art facility offers a wide range of health, wellness and rehabilitation classes, both in-person and virtual, for people of all ages and abilities. And we are staffed with a team of highly skilled clinical specialists – exercise physiologists, registered dietitians, registered nurses and respiratory therapists.

As an additional benefit to our patients, we have taken the step to integrate referrals to the Wellness Center into electronic medical health record. This allows physicians and other primary care providers to have a direct link with Wellness Center staff, allowing for immediate communication regarding programs, individual progress and outcomes.

The programs we offer at the Dignity Health Wellness Center include:

- Diabetes risk reduction and management education
- Stroke prevention education
- Nutrition education and weight management programs
- Medical exercise and fitness programs for fragile populations
- Health and wellness classes
- Risk assessment and screening programs
- Pre and postnatal care program
- Childbirth and parenting classes



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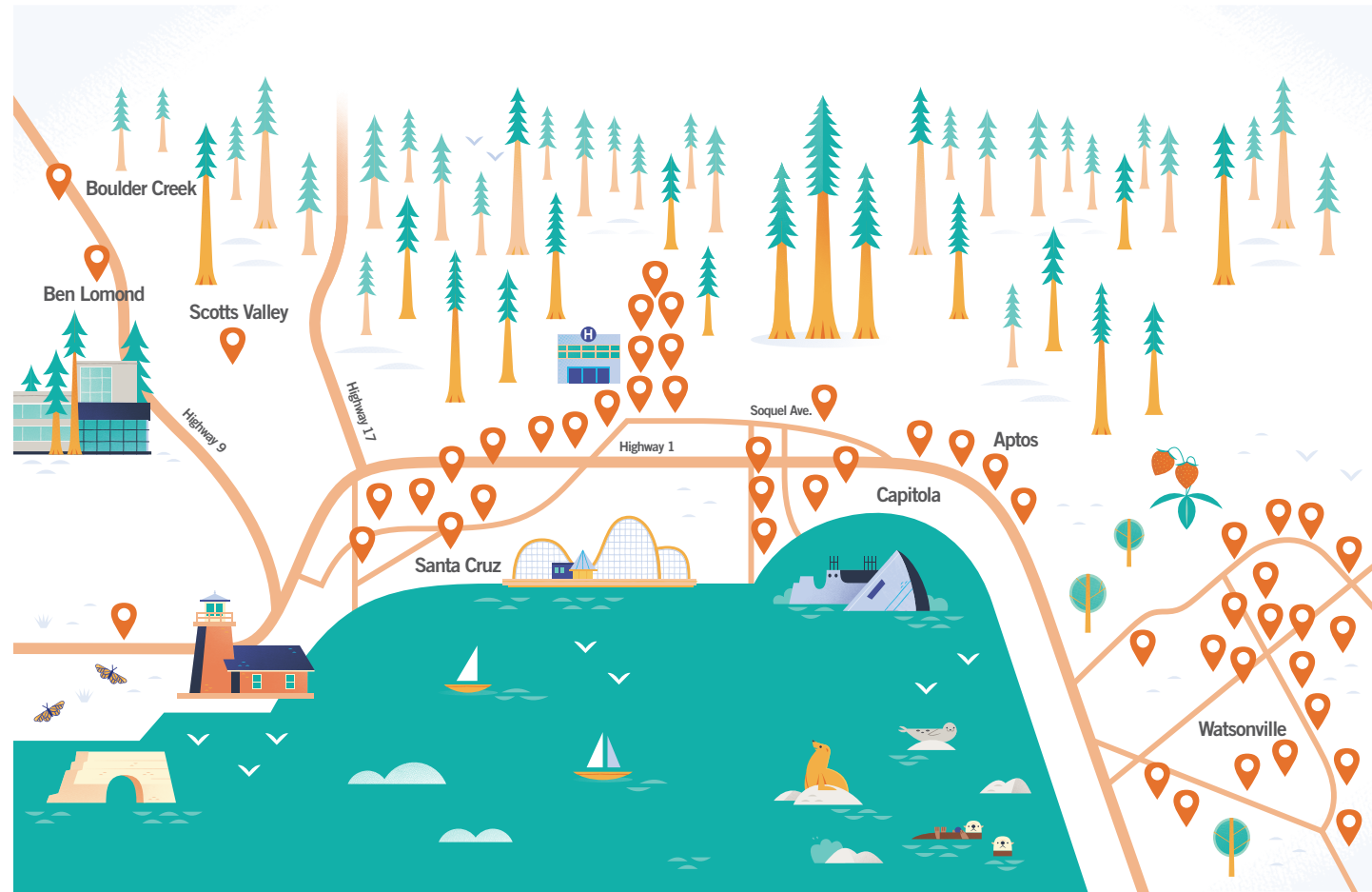


Santa Cruz's largest, most comprehensive delivery network



Our Locations

The Dignity Health network of over 200 physicians and 100 provider locations offers a robust range of health care services throughout Santa Cruz County. Dominican Hospital, our nationally recognized, full-service acute care facility, provides comprehensive health services using state-of-the-art technology in collaboration with renowned physicians.



	Dignity Health
PCPs	72
Specialists	153
Total Physicians	225
Provider Locations	96
Urgent Care	2
Imaging	7
Lab	5
ASCs	2

(Network comparison as of March 2022. Excludes NPs and PAs)

The Dignity Health Network

With the largest physician network in Santa Cruz County, Dignity Health delivers access through **Dignity Health Medical Group–Dominican**, which is part of the broader **Dignity Health Medical Network–Santa Cruz** (DHMN-Santa Cruz) that includes hundreds of affiliated independent physicians and specialists.

Our doctors are here to care for patients through every stage of life. By choosing a Dignity Health primary care physician (PCP), patients have access to:



Timely care—with 98% of our PCPs offering same-day appointments



Virtual visits—safe and convenient appointments with primary and specialty care physicians without leaving the comfort of home



The **My Care App**—Dignity Health’s online patient portal, making it easier than ever to securely communicate with health care providers and access or update important personal information

With the Patient Portal, users can:

- Choose a physician
- Schedule and view appointments
- Pay medical bills
- Review lab results
- Communicate with the physician team
- Manage health records
- And much more



Dominican Hospital

And when patients need the support of acute care services, they can rest assured they have access to a nationally recognized, state-of-the-art medical facility right in the place they call home.

Only Full-Service General Acute Care Hospital in Santa Cruz County

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| <ul style="list-style-type: none"> Acute Rehabilitation Bariatrics Birth Center Breast Center Comprehensive Cancer Center <ul style="list-style-type: none"> • Infusion services • Surgical services • Resource center Cardiac and Vascular Care, including: <ul style="list-style-type: none"> • MitraClip • Mitral Valve Surgery • Transcatheter Aortic Valve Replacement (TAVR) • Extracorporeal Membrane Oxygenation (ECMO) | <ul style="list-style-type: none"> Emergency Services Gastroenterology Services Home Health Intensive Care Laboratory Services Level III NICU Neurosurgery Orthopedics <ul style="list-style-type: none"> • Physical, Occupational, Hand and Speech Therapy and Rehabilitation Services Radiology/Imaging | <ul style="list-style-type: none"> Robotic-Assisted Surgery <ul style="list-style-type: none"> • Cardiac Surgery • General Surgery • Gynecologic Surgery • Orthopedic Surgery • Thoracic Surgery • Urology Surgery Stroke Services Surgical Services Surgical Weight Loss Total Joint Replacement Program Wellness, Prevention and Lifestyle Management Programs |
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Our Awards

Dominican Hospital

- Newsweek Best Maternity Care Hospital 2020
- Blue Shield of California Blue Distinction® Centers (BDC) Maternity Care
- Leapfrog Group fourth consecutive ‘A’ Grade for patient safety
- Healthgrades
 - Top 10% for coronary intervention procedures 2020
 - Five-Star recipient Coronary Interventional Procedures 2020, Cranial Neurosurgery 2019, Pneumonia 2020, Sepsis 2019-2020, Small Intestine Surgeries 2020
- AHA/ASA Get with the Guidelines
 - Heart Failure Gold Plus Quality Achievement Award 2019-2020
 - Stroke Gold Plus Quality Achievement Award 2020
- Certified Baby-Friendly® hospital
- Commission on Cancer accredited Oncology Program 2020
- The Joint Commission certified Primary Stroke Center
- Commission on Accreditation of Rehabilitation Facilities: 3-year accreditation

