

Mail Service Pharmacy™ and Maintenance Choice® Program

CONVENIENT WAYS TO MANAGE YOUR LONG-TERM MEDICATIONS

Managing medications for ongoing conditions should be easy. As a Health Net member, you have two easy ways to get the prescriptions you take regularly—often for less than paying for three separate monthly fills. Both options offer up to a three-month supply and help you stay on track with your treatment.¹

Two options – one simple choice.

You can choose the option that best fits your routine and preferences.

1 Maintenance Choice at a CVS Pharmacy®

If you prefer in-person service, the Maintenance Choice program allows you to pick up your maintenance medications at a participating CVS Pharmacy location. This option combines the convenience of a three-month supply with the personal service of a neighborhood pharmacy.

- Same-day pickup at a time that works for you.
- Face-to-face support from a pharmacist.
- You can get a 90-day supply of maintenance medications at your mail-order copay.

2 CVS Caremark Mail Service Pharmacy

If you'd rather skip the pharmacy, CVS Caremark Mail Service Pharmacy¹ delivers your medications right to your door in secure, tamper-resistant packaging.

Mail service offers:

- Convenient, reliable home delivery.
- Confidential, tamper-resistant packaging.
- Temperature-controlled packaging when needed.
- Access to a pharmacist by phone for questions or support.

(continued)



With both options, you may receive up to a **three-month²** supply of eligible maintenance medications at your mail-order copay, usually for less than paying for three monthly fills.

What is a maintenance medication?

Maintenance medications are prescription drugs taken on an ongoing basis to manage chronic or long-term conditions. These medications are typically taken every day or regularly over time, with doses that change infrequently.

Common conditions treated with maintenance medications include:

- High blood pressure
- Asthma
- Diabetes
- High cholesterol

Some prescriptions are not considered maintenance medications. These include drugs such as antibiotics used to treat infections, medications taken for short-term or acute conditions, and treatments that require frequent dose adjustments or are prescribed for a limited period.

Why consider this program?

CVS Caremark Mail Service Pharmacy and the Maintenance Choice program make it easier to manage your prescriptions and reduce costs. You can receive a 90-day supply at once—meaning fewer refills, fewer trips to the pharmacy, and more consistent care. In many plans, a three-month supply also costs less than three separate 30-day prescriptions.

Getting started is easy

There are several ways to begin receiving a three-month² supply of your maintenance medications:

- **Call CVS Caremark:** Contact the Maintenance Choice[®] program at 888-624-1139 to get started with mail service delivery or CVS Pharmacy pickup.
- **Visit a CVS Pharmacy:** Go to a participating CVS Pharmacy location. The pharmacy can contact your doctor to request a three-month prescription if appropriate.
- **Ask your doctor to send your prescription directly** to the CVS Caremark Mail Service Pharmacy:
 - Phone: **800-378-5697**
 - Fax: **800-378-0323**

Copayments, covered medications, and quantity limits may vary by plan. Not all plans offer the Maintenance Choice program. Please review your health coverage document for details specific to your plan.



For more information

For more information about CVS Caremark, call **1-888-624-1139**.

To learn more about your pharmacy benefits, call **Health Net's Member Services** at the number listed on your ID card or log into **healthnet.com**.

¹Not all plans offer Maintenance Choice; please check your health coverage document to see which programs are available to you.

²Actual quantity may vary depending on your plan. Check with the pharmacy for coverage of specific prescription drugs.

³For either option, you may be responsible for a copayment. See the prescription drug coverage details of your health plan for copayment information in your health coverage document.

Panjabi (Punjabi)

ਬਨਿੰ ਕਸਿ ਲਾਗਤ ਤੇ ਭਾਸ਼ਾ ਸੇਵਾਵਾਂ। ਤੁਸੀਂ ਇੱਕ ਦੁਭਾਸ਼ੀ ਪ੍ਰਾਪਤ ਕਰ ਸਕਦੇ ਹੋ। ਤੁਹਾਨੂੰ ਦਸਤਾਵੇਜ਼ ਤੁਹਾਡੀ ਭਾਸ਼ਾ ਵਿੱਚ ਪੜ੍ਹ ਕੇ ਸੁਣਾਏ ਜਾ ਸਕਦੇ ਹਨ। ਮਦਦ ਲਈ, ਆਪਣੇ ਆਈਡੀ ਕਾਰਡ ਤੇ ਦਿੱਤੇ ਨੰਬਰ ਤੇ ਸਾਨੂੰ ਕਾਲ ਕਰੋ ਜਾਂ ਕਰਿਪਾ ਕਰਕੇ 1-800-522-0088 (TTY: 711).

Russian

Бесплатная помощь переводчиков. Вы можете получить помощь устного переводчика. Вам могут прочесть документы. За помощью обращайтесь к нам по телефону, приведенному на вашей идентификационной карточке участника плана. Кроме того, вы можете позвонить в 1-800-522-0088 (TTY: 711).

Spanish

Servicios de idiomas sin costo. Puede solicitar un intérprete. Puede obtener el servicio de lectura de documentos y recibir algunos en su idioma. Para obtener ayuda, llámenos al número que figura en su tarjeta de identificación o comuníquese con el 1-800-522-0088 (TTY: 711).

Tagalog

Walang Bayad na Mga Serbisyo sa Wika. Makakakuha kayo ng isang interpreter. Makakakuha kayo ng mga dokumento na babasahin sa inyo. Para sa tulong, tawagan kami sa nakalistang numero sa inyong ID card o tawagan ang 1-800-522-0088 (TTY: 711).

Thai

ไม่มีค่าบริการด้านภาษา คุณสามารถใช้ล่ามได้ คุณสามารถให้อ่านเอกสารให้ฟังได้ สำหรับความช่วยเหลือ โทรหาเราตาม หมายเลขที่ให้ไว้บนบัตรประจำตัวของคุณ หรือ โทรหาศูนย์ติดต่อเชิงพาณิชย์ของ 1-800-522-0088 (TTY: 711)

Vietnamese

Các Dịch Vụ Ngôn Ngữ Miễn Phí. Quý vị có thể có một phiên dịch viên. Quý vị có thể yêu cầu được đọc cho nghe tài liệu. Để nhận trợ giúp, hãy gọi cho chúng tôi theo số được liệt kê trên thẻ ID của quý vị hoặc gọi 1-800-522-0088 (TTY: 711).